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Complete Kickboxing: The Fighter's Ultimate Guide to Techniques, Concepts, Strategy for Sparring and Competition by Sprague, Martina; Livingston, Keith at AbeBooks.co.uk - ISBN 10: 1880336847 - ISBN 13: 9781880336847 - Turtle Press - 2004 - Softcover

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The world's premier kickboxing league, GLORY World Series maintains six different weight classes. Fights take place both as single matches

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between two fighters known as 'superfights') and as part of tournaments. Four-man tournaments are the standard, with eight-man tournaments also staged on occasion.

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